What can I do if I feel claustrophobic?

- Ask someone to come and sit with you during the procedure.
- Ask the study staff if you can receive anesthesia or sedation to help you feel less anxious. If you do receive anesthesia or sedation, be sure to have someone drive you home.
- Try to breathe deeply during the procedure.
- Listen to music through the headphones to help you relax.

What do I need to do after an MRI?

If you do not receive anesthesia or sedation, you can go back to your usual activities right after the MRI. There are no known side effects of an MRI procedure.





To learn more about MRIs or the ENLIGHTEN Fibrosis study, talk to your doctor, or use this contact information:

Getting ready for an MRI?

Learn what an MRI is, how it works, and how to prepare for your MRI appointment(s) during the ENLIGHTEN Fibrosis study.



What is an MRI?



MRI stands for magnetic resonance imaging. It has powerful magnets that take detailed pictures of the inside of your body. An MRI machine looks like a large tube. It does not touch or hurt you, spin you around, or close in on you.

Why do I need an MRI?

An MRI can measure the amount of fat in and around your liver. These measurements help the study doctor assess your condition and how your liver changes over time.

How long will the MRI take?

An MRI will take between 25 to 35 minutes.

What are the steps for an MRI?

A member of the study staff will guide you through the process, including these main steps:

- Tell the study staff if you have any metal in your body, such as implants, or if you have any magnetic items near your body.
 - You will also be asked to remove metal and electronic items such as jewelry, watches, underwire bras, hearing aids, and eyeglasses.
- 2. Lie on a table that slides into the MRI machine.
 - The machine will make different loud sounds while taking images. The study staff will give you earplugs or headphones to listen to music.
 - The study staff may place foam pads to keep parts of your body from moving so they can get clear images.
 - Sometimes, you may need to hold your breath for up to 10 seconds to ensure clear images.
 - You will have a call button you can press to let the study staff know if you need to talk to them during the MRI.
- 3. Try to stay still while you are inside the machine. If you move, the images may be blurry.
 - The study staff will update you during each step so you know what is going on.



Is an MRI safe?

MRI machines emit a strong magnetic field that is not harmful to you. However, your doctor will review a list of metallic and magnetic objects that could cause harm if not addressed (e.g., implanted medical devices).

If you have any concerns about the MRI, talk to your doctor or the study staff beforehand.

How do I get ready for an MRI?

- Follow any food or drink instructions given by the study staff.
- Wear comfortable clothing without any metal elements such as zippers, belts, jewelry, or metallic buttons.

